











OCTOBER 2023 USD 466 BREAKFAST MENU GRAB & GO



| Mon | Tue | Wed | Thu | Fri |
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| 2 *Pizza Bagel Mini Cinni's Raisins Fruit Juice Milk | 3 * Pancake/Sausage Mini Bread Cuties Sunflower Seeds (HS) Fruit Juice & Milk | 4*Cheese Stuffed Sandwich Blueberry Muffin Banana Fruit Juice Milk  | 5 *McGriddle Cheese It's Yogurt Mandarin Oranges Fruit Juice Milk | 6 *Breakfast Burrito Whole Grain Rich Donut Apples Fruit Juice Milk  |
| 9  | 10 *Mini French Toast Cherry Frudel Craisins Fruit Juice Milk | 11*Sausage Pigs in Blanket Granola Bar Yogurt MS & HS Apple Slices Fruit Juice | 12 *Sausage/Egg/Cheese Wrap Bubble Bread Cuties Fruit Juice Milk | 13 *Breakfast Quesadilla Blueberry Sliced Bread Diced Pears Fruit Juice Milk |
| 16 *Pizza Bagel WGR Chocolate Donut Dried Fruit Fruit Juice Milk | 17 * Pancake/Sausage Cinnamon Roll Apple Slices Fruit Juice Milk  | 18 *Ham & Biscuit Cheese-Its Banana Fruit Juice & Milk Sunflower Seeds MS & HS | 19 * McGriddle Mini Bread String Cheese MS & HS Diced Peaches Fruit Juice Milk | 20 *Breakfast Burrito Strawberry Bagel Cuties Fruit Juice Milk  |
| 23 *Quesadilla WGR Donut Apple Slices Fruit Juice Milk  | 24 *Pancake/Sausage Breakfast Round Pineapple Tidbits Fruit Juice Milk | 25*Sausage Pigs in Blanket Cereal Bars Banana Cheese Stick Fruit Juice Milk | 26 *Egg/Cheese McMuffin Pop Tarts Cheese Stick Cuties Fruit Juice & Milk  | 27 No School  |
| 30 *Mini French Toast Apple Frudels Cuties Fruit Juice Milk | 31 *Ham & Biscuit Waffle Snaps Tropical Fruit Fruit Juice Milk | High School is offered choice of menu items listed daily —included are the following choices daily— Uncrustable—Mini Bagels & Cereal | •Menus are subject to change WGR=Whole Grain Rich •This institute is an equal opportunity provider | There will be a choice of hot or cold grab n go for breakfast in all Scott County Schools! * HOT ITEM CHOICE |